CONNECTION
Ingleside at Rock Creek
FALL 2020
Felix Rosenwasser, Executive Director at Ingleside at Rock Creek is amazed. What he is referring to is his team and the remarkable residents of the community and how they responded so well, and so quickly to the new challenges of life during the pandemic. He explains, “At first there was so much that was unknown but at the beginning of March an initiative was established throughout the community that we are all in this together. Within a week, the residents had crafted over 200 masks for friends, neighbors, and staff.” The feeling of community as family became very much in evidence as spring turned to summer. Felix says, “We quickly created a program called Wellness Check making daily calls to help with any residents’ needs, whatever they might be.”

Staying connected is a large part of the Ingleside philosophy of “Engaged Living”. Rosenwasser says that perhaps 90% of the residents are conversant in digital or online communications. “They have even created their own ‘Tech Squad’ to teach one another. They have been coming together and supporting each other in so many ways.” Felix recounts a great example of community spirit. “We set up a tent in our courtyard to socially distance for breaking of the fast following Yom Kippur. We expected a small group to attend but we had many residents from different faiths attend. It was a wonderful gathering—ultimately, it reinforces our sense of community, that is an inspiration for us all.”
Less Time Worrying

MORE TIME ENJOYING LIFE

At Ingleside, our friendly and professional staff works hard so you don’t have to. Every service and amenity at our community has been designed to provide freedom from everyday hassles. Imagine how life can be when you no longer will worry about raking leaves, cleaning the gutters, mowing the lawn, or climbing ladders. When the icy winds of winter begin to blow there will be no need to venture out into the cold—good friends, great dining, and community amenities are only a few steps from your door.

Residents enjoy access and benefits from a wide range of exceptional amenities and programs that nourish body, mind, and spirit. The Center for Healthy Living includes a cultural arts center, fitness and wellness center, salon and spa, art studio, and bistro-style dining. Everything you need is in a convenient location, and helps promote, develop, and maintain an active, independent living lifestyle, while optimizing vitality and happiness.

With fall already here and winter on the way—this is the perfect time to move to Ingleside at Rock Creek.

Call 202-499-5371 for more information and reserve your residence today!
Choose Ingleside at Rock Creek

LOCATED IN NORTHWEST DC

The new independent residences at Ingleside at Rock Creek combine metropolitan living with stylish accommodations, including an abundance of windows that infuse the living space with light and spacious terraces with views of the campus and Rock Creek Park available in a majority of the apartment homes.

All residences are designed with fine interior appointments, while leaving enough room to offer plenty of inspiration for your individual style. Each interior floorplan offers you distinctive styles filled with a host of quality amenities, including a fully equipped kitchen, top-of-the-line finishes, individually controlled heating and air-conditioning, washer and dryer, and spacious storage.

Ingleside at Rock Creek is located in one of the District’s most desirable neighborhoods, and it goes without saying that one of our most treasured features is what lies right in our own backyard. Just steps from the community is a sun-dappled ravine and the gentle, flowing waters of Rock Creek. We are blessed to border 1,800 acres of wooded, pastoral beauty that provides a haven for wildlife and native flora, as well as many wonderful recreational opportunities for the residents of Ingleside. The park has become such a passion for residents who love and respect the beauty of nature, that a Rock Creek Ravine Committee has been formed to help protect the ravine and watershed that flows past the community.
These are just a few of our spacious apartment homes featuring an open floor plan, natural light, and modern conveniences—all designed with easy living in mind.

You can view our interactive floorplans online at [www ircdc org/floorplans](http://www.ircdc.org/floorplans).
Eric and Linda White are a great example of the talented and accomplished people who call Ingleside at Rock Creek home. They also know a thing or two about planning and organization as both have earned Masters Degrees in Library Science. Linda worked as a high school teacher for 20 years before working as a middle school library media specialist in Montgomery County Public Schools. Eric has worked in both public and academic libraries, for many years at Howard University and currently in the DC Public Library system.

This vibrant couple made the decision to move to Ingleside at Rock Creek based on their experiences in helping family as they aged. Linda says, “Even though we are healthy and active, we realized that planning for our future was as important now as it has ever been. We wanted to make our own decisions.”

Though all of us have had to adapt to the challenges of life during the pandemic Eric says that their lives continue to be busy and filled with new opportunities. He says, “While we are still getting settled, in some ways it has helped with our transition. Having more time off from work has reduced distractions and allowed us to concentrate more on the move and settling in.” Linda has used the time to develop new skills. “I have been learning to become proficient with Zoom. The learning curve is steep but I have gotten to the point where I can now help others.” She continues. “Zoom is also a great new communications tool for my work with the Afro American Historical and Genealogy Organization and the local branch of the Association for the Study of African American Life and History (ASLAH).”
With local housing prices on the rise, there has never been a better time to maximize the return you’ll gain on your current residence. Leave uncertainty and worry behind knowing that you have a predictable and secure plan for the future at Ingleside.

Say goodbye to raking leaves, shoveling snow, icy roads, and expensive home maintenance. Ingleside also provides transportation and door-to-door service for grocery shopping or medical appointments.

Local and fresh culinary delights are prepared daily in our kitchens. Inspired menus can be found in the Market Place, or simply order meals delivered right to your residence. Our new Bistro, with optional alfresco dining, allows for connecting with neighbors.

Our Center for Healthy Living will keep you active and engaged by providing a wide range of social events and programs. Take a virtual exercise class, enjoy a concert, or listen to a lecture—all while staying safe and socially distant.