

# Weekly Schedule of Events

Week of July 15 – July 21, 2018

## Sunday, July 15

11:00 Hymn Sing - Aviary Lounge HC  
4:00 Community Worship – Theater  
6:00 Simple Supper - Café

## Monday, July 16

10:00 Sandwich Making for SOME – Café  
11:15 Exercise w/ Chris – HC Lower Level  
11:15 Fitness w/ Mike – Gallery  
2:00 Mindfulness Meditation – PDR  
4:00 Resident Association Council meeting – PDR

## Tuesday, July 17

10:00 Mosaic Class – Art Studio  
10:00 Roman Catholic Service - Theater  
10:00 Water Aerobics – Pool  
11:00 Listening to Music – Lounge  
11:15 Exercise w/ Chris – HC Lower Level  
2:00 Exercise w/ Chris - Gallery  
2:30 Surprise Ride – Main Lobby  
4:00 Director's Dialogue - Theater  
8:00 Movie Night in the Theater  
*Chappaquiddick* 2017 – 1 hr. 47 min.  
w/ Jason Clark, Kate Mara

## Wednesday, July 18

9:45 Tai Chi w/ Alex King – Standing – Gallery  
10:25 Tai Chi w/ Alex King – Seated – Gallery  
11:15 Exercise w/ Chris – HC Lower Level  
11:15 Fitness w/ Mike – Gallery  
1:15 IL Trip leaves Main Lobby  
National Portrait Gallery  
2:00 Video Series w/ Dana – AL Neighborhood  
*Great Works of Sacred Music – The Age of Reformation:  
Who Will Sing?*  
3:30 Faith and Bible Study w/ Dana – Aviary Lounge HC  
4:00 Quarterly Construction Update - Theater  
6:15 Politics & Prose trips leaves Main Lobby  
Ben Hecht – *Reclaiming the American Dream:  
Proven Solutions for Creating Economic Opportunity  
for all*

## Thursday, July 19

10:00 Mosaic Class – Art Studio  
10:00 Water Aerobics – Pool  
11:15 Exercise w/ Chris – HC Lower Level  
2:00 Exercise w/ Chris – Gallery  
2:30 Surprise Ride – Main Lobby  
3:00 Theater of the Arts – Theater  
*Carmen*

## Friday, July 20

9:45 Tai Chi w/ Alex King – Standing - Gallery  
10:25 Tai Chi w/ Alex King – Seated - Gallery  
11:15 Exercise w/ Chris – HC Lower Level  
11:15 Fitness w/ Mike – Gallery  
5:00 Social Hour - Lounge

## Saturday, July 21

1:30 Scrabble – Card Room  
3:00 Knitting Group – Lounge  
8:00 Movie Night in the Theater  
*Bad Day at Black Rock* 1955 – 1 hr. 21 min.  
w/ Spencer Tracy, Robert Ryan

