

Weekly Schedule of Events

January 13 – January 19, 2019

Sunday, January 13

11:00 Hymn Sing - Aviary Lounge HC
4:00 Community Worship – Theater
6:00 Simple Supper - Café

Monday, January 14

9:30 Sandwich Making for SOME – Café
11:15 Exercise w/ Chris – HC Lower Level
11:15 Fitness w/ Mike – Gallery
2:00 Mindfulness Meditation – PDR
3:00 Ingleside Singers Practice – Lounge
4:00 Non-fiction Book Group - Theater

Tuesday, January 15

10:00 Mosaic Class – Art Studio
10:00 Roman Catholic Mass w/ Fr. Alec – Theater
11:00 Listening to Music – Lounge
11:15 Exercise w/ Chris – HC Lower Level
2:00 Exercise w/ Chris - Gallery
2:30 Surprise Ride – Main Lobby
4:00 Director's Dialogue - Theater
8:00 Movie Night in the Theater
Salmon Fishing in Yemen 2011 1 hr. 51 min.
w/ Ewan McGregor, Emily Blunt



IMPORTANT NOTICE & "SAVE THE DATE" ON BACK

Wednesday, January 16

9:45 Tai Chi w/ Alex King – CANCELLED
10:00 – 1:00 One-on-one tech help - Lounge
Washington AIDS Partnership Volunteers
Sign-up not necessary
10:25 Tai Chi w/ Alex King – CANCELLED
11:15 Exercise w/ Chris – HC Lower Level
11:15 Fitness w/ Mike – Gallery
1:15 IL Trip leaves Main Lobby
Museum of Natural History "Outbreak: the Spread of
Diseases Quickly Transmitted Worldwide"
2:00 Speeches of Martin Luther King, Jr. Including
I Have a Dream w/ Dana – AL Neighborhood
3:30 Faith and Bible Study - Aviary Lounge HC

Thursday, January 17

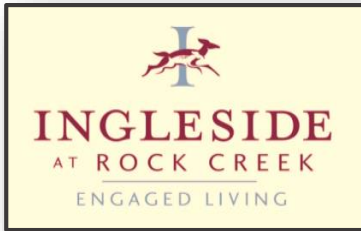
10:00 Mosaic Class – Art Studio
11:15 Exercise w/ Chris – HC Lower Level
2:00 Exercise w/ Chris – Gallery
2:00 Theater of the Arts – Theater
Opera Mozart *Don Giovanni*
2:30 Surprise Ride – Main Lobby

Friday, January 18

9:45 Tai Chi w/ Alex King – Gallery
10:25 Tai Chi w/ Alex King – Gallery
11:15 Exercise w/ Chris – HC Lower Level
11:15 Fitness w/ Mike – Gallery
4:00 Speaker – Theater
John Feeley – "Intermestic immigration concern"
5:00 Social Hour – Lounge

Saturday, January 19

1:30 Scrabble – Card Room
3:00 Knitting Group – Lounge
8:00 Movie Night in the Theater
Murder on the Orient Express 1974 2 hr. 7 min.
w/ Albert Finney, Lauren Bacall



IMPORTANT NOTICE:

Please hand in your volunteer forms for December by taking them to Michele's cubby at the front desk or placing them in the bin on her office door in the art studio.

SAVE THE DATE:

Wednesday, January 23 8:00 Lounge

Special Concert Frank Rupert "Intro to the depths of Franz Schubert"

Sunday, January 27 5:00 – 7:00 Lounge

Tracy and Ted Truman's sixth annual Soup Supper

Saturday, February 2 10:00 – 2:00 Gallery

Recycle Day – a huge event to find a place for all of those things you would rather do without!

Ingleside address for cars, taxis, and car services:

Ingleside Apartments
5121 Broad Branch Road NW
Washington, DC 20008

OR

End of pedestrian walkway:
3020 Military Rd NW
Washington, DC 20015

Mailing address:
3050 Military Rd NW
Washington, DC 20015

IRC Resident Portal –
Contact Franc Cooper for assistance,
or to make suggestions or changes
fcooper@inglesideonline.org
202-596-3096