

# Weekly Schedule of Events

Week of May 14 – May 20 2017

## Sunday, May 14 Mother's Day

11:00 Hymn Sing– Aviary Lounge HC

4:00 Community Worship - Theater

6:00 Simple Supper – Café

## Monday, May 15

10:00 Sandwich Making – Café

11:00 Get into the Flow w/ Chris – AL Neighborhood

11:15 Fitness w/Mike – Gallery

3:00 Ingleside Singers Practice - Lounge

4:00 Resident Association Council Meeting – PDR

8:00 Mindfulness Meditation - Theater

## Tuesday, May 16

10:00 Roman Catholic Service - Theater

10:00 Mosaic Class – Art Studio

10:00 Water Aerobics - Pool

11:00 Listening to Music – Lounge

11:00 Get into the Flow w/ Chris – AL Neighborhood

2:00 Exercise with Chris - Gallery

2:30 Surprise Ride – CANCELLED

3:00 – 4:00 **Tea Party- Health Care Aviary**

4:00 Coping with Change w/ Dana - Lounge

8:00 **Movie Night in the Theater**

*Lion* 2016 – 2 hrs.

w/ Dev Patel, Rooney Mara

## Wednesday, May 17

9:45 Tai Chi w Alex King – Standing – Gallery

10:30 Tai Chi w Alex King –Seated - Gallery

11:15 Fitness w/Mike – Gallery

11:00 Get into the Flow w/ Chris – AL Neighborhood

1:00 **IL Trip – Brookside Gardens & Butterfly**

**Conservatory** - Leaves the Main Lobby at 1:00

3:30 Faith and Bible Study– Aviary Lounge HC

## Thursday, May 18

10:00 Mosaic Class – Art Studio

10:00 Water Aerobics – Pool

11:00 Get into the Flow w/ Chris – AL Neighborhood

1:30 **Documentary** – Theater

*President Barack Obama – The Man and His Journey*

2:00 Exercise with Chris - Gallery

2:30 Surprise Ride – HC Courtyard

## Friday, May 19

9:45 Tai Chi w Alex King – Standing – Gallery

10:30 Tai Chi w Alex King – Seated - Gallery

11:15 Fitness w/ Mike – Gallery

11:00 Get into the Flow w/ Chris – AL Neighborhood

4:00 **Speaker** – Theater

Rachel Vogelstein – Women and the Foreign  
Policy Program

5:00 Social Hour – Lounge

**Welcome IKF & WLR - Art Gallery Reception**

## Saturday, May 20

1:30 Scrabble – Card Room

3:00 Knitting Group – Lounge

8:00 **Movie Night in the Theater**

*The Mirror Has Two Faces*- 1996 – 2 hrs. 8 min.

w/ Barbara Streisand, Jeff Bridges



